

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Sylvia de Beer

Has successfully participated & completed the

Haefer (Short) Go-X-Duathlon

held at Cowhouse Market.

TIME 01:01:20

PACE 05:06/km **OVERALL** 3 of 6

GENDER 2 of 3 OPEN 2 of 3



21 March 2021, Sun

Date